

V!VA life



V!VA Retirement Communities™


LEASIDE

Anytime Dining & Chef Cuisine

Fitness & Wellness Programs

Rooftop Patio, Salon & Spa

Happier Here™



A vibrant retirement lifestyle, in the heart of Leaside.

Located in one of Toronto's most charming neighbourhoods, V!VA Leaside offers comfort, connection, and convenience, with shops, cafés, parks, and essentials just moments from your door. From coffee with friends to a stroll along Bayview, everything you need is close by.



The V!VA *story.*

**WE'LL JUST COME RIGHT OUT AND SAY IT:
WE'RE ABOUT MAKING TODAY GREAT!**

At V!VA, everything we do is centred around people. Our caring Team Members focus on creating meaningful, enjoyable experiences every day.

Proudly Canadian, V!VA has been redefining retirement living across Ontario since 2008, building communities where Community Members feel supported, connected, and truly at home.

Hello, *neighbours!*

V!VA Leaside is surrounded by everything that makes this neighbourhood so loved. From tree-lined streets and nearby parks to the shops, cafés, and restaurants, there is always something to enjoy. Spend your mornings out for coffee, browse local boutiques, or take a relaxed walk through one of the area's many green spaces. With a welcoming, village-like feel and the energy of the city close at hand, Leaside offers the perfect balance of activity and ease.

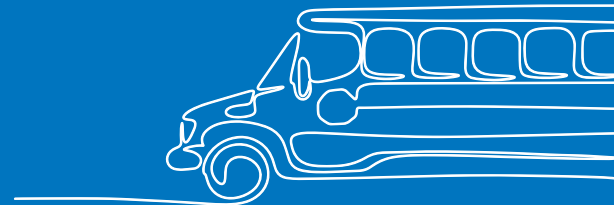


Explore life at
V!VA Leaside.



Sit back and enjoy the trip.

The V!VA Leaside shuttle bus makes getting around easy for shopping or special outings around town.





The *Orange Dot* Values.

**BE A FRIEND. MAKE IT BETTER. WORK AS A TEAM.
LOVE WHAT YOU DO. HAVE FUN!**

Before we ever broke ground on our first Retirement Community, we laid the foundation with a clear purpose, a compelling vision, and a set of core values. These values continue to guide how we treat one another and everyone around us.

They reflect our commitment to ***Making Today Great!*** and help ensure that both our Community Members and Team Members live life to the fullest, embracing every moment. Every interaction, no matter how small, is an opportunity to create joy and connection. It is in the smiles, the laughter, and the shared stories where our values truly come to life.

Happiness is contagious, and our Team Members take pride in spreading it every day. This same thoughtful approach is reflected throughout every level of living at V!VA.



OUR VISION

To create places where people live, love and laugh. At V!VA, we believe that our Retirement Communities are more than just bricks and mortar. They are built by people who share a passion for delivering exceptional service and a fulfilling lifestyle.





Thoughtfully designed. *Beautifully appointed* suites.

Every suite at V!VA Leaside is designed to help you feel at home from day one. With modern finishes, spacious layouts, and thoughtful details, each suite offers comfort, style and peace of mind.

- Spacious layouts with large windows
- Walk-in closets for added storage
- Private bathrooms with walk-in showers and safety bars
- Kitchenettes with full apartment-size appliances
- Individual climate control
- Emergency call system with wearable pendant
- Neutral finishes ready for your personal style

V!VA

V!VAlicious *dining.*

Every meal is fresh, flavourful, and thoughtfully prepared. Our chefs create homestyle favourites using quality ingredients, with menus that offer variety, flexibility, and choice.

- Anytime Dining, enjoy meals on your schedule
- Three daily meals, including breakfast, lunch and dinner
- Chef-prepared dishes and daily features in The Durant Dining Room
- À la carte options and rotating specials
- PERKS! Bistro-Café for coffee, snacks, and baked goods
- Private dining room for hosting family and friends
- PINTS! Pub for casual dining and social gatherings



The Durant Dining Room

Active *living.*

Life at V!VA Leaside is active, social, and full of fun. Each day brings new opportunities to try something different, connect with others, and enjoy the moments that make you smile, whether it's a fitness class, a creative workshop, time spent with friends, or simply doing what you love.

- Fitness classes and V!VAfit programs
- Cooking and baking in the V!VAcraft Kitchen
- Golf simulator for year-round play
- Heated saltwater pool
- V!VAplex Theatre for movies and entertainment
- Brain Gym for games, reading and staying mentally active
- Salon and spa services
- Rooftop patio with scenic city views
- Community outings

THERE IS ALWAYS SOMETHING TO LOOK FORWARD TO, AND ALWAYS SOMETHING NEW TO ENJOY.



V!VAfit

Stay active and energized with fitness programs designed specifically for older adults. From group classes to wellness focused activities, V!VAfit supports strength, balance, and overall well-being.

- Low-impact fitness classes
- Strength and mobility programs
- Guided group sessions
- Balance and flexibility training
- Programs designed for all ability levels

**STAY ACTIVE,
CONNECTED
AND ENERGIZED
EVERY DAY.**



Discover life at V!VA Leaside.

Visit V!VA Leaside and experience the lifestyle for yourself. Enjoy a coffee at PERKS! Café, explore our suites, and connect with our Team. We look forward to welcoming you.

Book your private tour today.
Call **(416) 696-5050**
or email leaside@vivalife.ca



150 Laird Dr, Toronto, ON M4G 1T7
(416) 696-5050 | vivaleaside.ca

*Independent Living, Assisted Living
Memory Care & Respite Stays*

ASK US ABOUT LUM!NA MEMORY CARE.

OUR OTHER LOCATIONS

Meadowlands

1248 Mohawk Rd, Ancaster
(905) 304-1968

V!VA Mississauga

5575 Bonnie St, Mississauga
(905) 566-4500

V!VA Oakville

1 Sixteen Mile Dr, Oakville
(289) 725-6000

V!VA Pickering

1880 Glengrove Rd, Pickering
(905) 831-2088

V!VA Thornhill Woods

9700 Bathurst St, Vaughan
(905) 417-8585

V!VA Whitby Shores

51 Whitby Shores Greenway, Whitby
(905) 431-7410

V!VA Barrhaven

275 Tartan Dr, Nepean
(613) 823-0220

Waterside

105 McNeely Ave, Carleton Place
(613) 253-2010

Happier Here™